

Introductory Training 2017

Two-day training will provide 10 hours of Introduction to Sandplay Therapy allowing further enrolment into certification training with both CAST and ISST

**Introductory
Training 1**
OCTOBER 21-22,
2017 (10 hours)

**Introductory
Training 2**
NOVEMBER 25-26,
2017 (10 hours)



"Often the hands will solve a mystery that the intellect has struggled with in vain"
- CARL JUNG

INTERNATIONAL SOCIETY FOR SANDPLAY THERAPY (ISST)

ISST is affiliated with the International Association for Analytical Psychology (IAAP), recognizing Sandplay's theoretical foundation in Jungian psychology.

visit www.isst-society.com

CANADIAN ASSOCIATION FOR SANDPLAY THERAPY (CAST)

CAST has been a National Society member of the International Society for Sandplay Therapy (ISST) since 1998. Our faculty is comprised of Teaching Members authorized by CAST and ISST to offer training, supervision and advising, leading to certification with ISST.

visit www.sandplaycanada.ca

CAST MEMBERSHIP BENEFITS

- Connecting with Canada's Sandplay community
- Discounts for training and conferences
- Member newsletters

NOTE: Ongoing membership in CAST is required for certification candidates.

Introductory Training

This 2-day introductory training meets the prerequisite hours for the Sandplay Therapy Certification program.

This course enables participants to learn and discuss the history of sandplay therapy and also experience some of the fundamental concepts and theories that will then be elaborated upon in the future modules. Attending this seminar is a great way to become familiar to the modality of Sandplay Therapy and its benefits for clients (all ages but with an emphasis on children). Social Workers, Special Education teachers, and psychotherapists working in the field of mental health would benefit from this workshop.

Learning Objectives:

- understand the basic theory of Sandplay Therapy
- understand how Sandplay Therapy activates healing from within the psyche through experiential exercises
- presented case material will demonstrate how the technique shows positive changes in the clients

Facilitator: Sylvia Simonyi-Elmer has been an Internationally Certified Sandplay Therapist since 1997. She is a founding member of CAST and was the National Representative for CAST on the ISST Board for 8 years. She currently serves on the CAST Board and is considered one of the Senior Teaching Members of CAST. She is a Registered Psychotherapist and is also a Supervisor with Play Therapy International. She has been in private practice in Kingston since 1993. Prior to her private practice she was employed at the Muki Baum Association as their Psychometrist/Therapist.



*“Sandplay is a form of active imagination...
Even a single sandtray can have healing power...
In the Sandplay process, one can often
see order emerging from the chaos”*

- BRADWAY & MCCOARD

SANDPLAY THERAPY

Dora Kalff developed Sandplay therapy, a psychotherapeutic approach for children and adults, in the late 1950s.

Through spontaneous imaginative play in trays of wet or dry sand, clients sculpt sand and place miniature figurines and objects to create three-dimensional scenes. In the “free and protected space” of the therapeutic environment, these sand pictures express and mediate between clients’ inner and outer worlds, and promote healing and wholeness.

Sandplay’s therapeutic effectiveness in working with childhood trauma has been documented in:

Trauma Through a Child’s Eyes, Peter Levine & Maggie Kline;

Helping Abused and Traumatized Children, Eiana Gil.

~~~~~ Inquiries ~~~~~

Sylvia Simonyi-Elmer
1157 BUTTERNUT CREEK RD
KINGSTON, ONTARIO, K7L 5H6
PHONE: 613-548-0969

Or register online at
www.sandplaycanada.ca



~~~~~ Registration ~~~~~

Cost: **\$380 CAST members**
 \$420 non-members

Payment Information:

Full payment due: for Training 1 on September 25
 for Training 1 on October 25

Cancellations can be refunded (less \$75 processing fee) only if your space can be filled.

Complete registration:

online with PayPal at www.sandplaycanada.ca
or by mail using the registration form below.

Includes lunch, and morning and afternoon refreshments.

Location:

1157 BUTTERNUT CREEK RD
KINGSTON, ONTARIO, K7L 5H6
PHONE: 613-548-0969

Training Hours:

9:00 – 4:00

Accommodations

Contact us if you need consultation about conveniently-located lodgings.

~~~~~ **Registration Form** ~~~~~

Name:

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Address:

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City: \_\_\_\_\_ Prov.: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Credentials or Training:

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- A cheque enclosed payable to CAST
- Mail to: **Sylvia Simonyi-Elmer**, 1157 BUTTERNUT CREEK RD, KINGSTON, ONTARIO, K7L 5H6
- PHONE: 613-548-0969